

## **Appendix A**

### **Contact details of organisations participating in the evaluation**

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Bury Youth Offending Team  
Seedfield Resource Centre  
Parkinson Street  
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Central Youth Offending Team  
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Moss Side  
Manchester  
M15 5PA

Tel: 0161 2329407

## Appendix B

### Evaluation questionnaires – staff

Session number:

Date:

Number of participants:

Staff present:

Name of activity:	Time taken:	Level of participation in the exercise (1=very high, 2=high, 3=moderate, 4=low 5=very low):	Rate of success in achieving aim of exercise (1=very good, 2=good, 3=moderate, 4=poor 5=very poor):	Comment on individuals' input and any difficulties encountered:
1.				
2.				
3.				
4.				
5.				
6.				



2. *Staff questionnaire: end of course evaluation*

*Please complete for each participant that attended the course*

1. Participant's name:

2. How much did s/he participate in the group? *Please circle*

***Completely***      ***Mostly***      ***Mixed***      ***A little***      ***Not at all***

3. Please highlight any issues, either with the individual or within the group, that may have had an impact upon this individual's performance within the sessions, e.g. group composition, absence from key sessions...

4. In your view, are there any outstanding issues – areas that s/he requires to work on further? If so, what are they?

5. Please consider the degree to which the participant changed in the following areas whilst on the course. Circle your response – your view of the extent of any changes by the end of the course:

**Willingness to accept responsibility for own behaviour**

***Significant improvement***    ***Slight improvement***    ***No change***    ***Deterioration***

**Awareness of personal costs associated with offending**

*Significant improvement*    *Slight improvement*    *No change*    *Deterioration*

**Awareness of actual or potential effects of offending on victims**

*Significant improvement*    *Slight improvement*    *No change*    *Deterioration*

**Belief in self as person of worth**

*Significant improvement*    *Slight improvement*    *No change*    *Deterioration*

**Ability to describe effective strategies to avoid getting into trouble**

*Significant improvement*    *Slight improvement*    *No change*    *Deterioration*

**Willingness to acknowledge the need for change**

*Significant improvement*    *Slight improvement*    *No change*    *Deterioration*

7. Please add any further comments about this participant and how s/he was effected by the course...

## Appendix C

Evaluation questionnaires – young people

### 2 minute max meet and greet questionnaire

Filling in this questionnaire should take two minutes max. It will tell us important information about you and what you expect from the next two days. This should help us with running groups in the future. Please write your answers underneath or by the side of the questions.

1. What's your name?

2. How old are you?

3. Are you male or female? Please circle...

MALE                  FEMALE

4. How long have you been attending Bury Yot?

5. Who else do you know in this group?

6. Have you ever been to any groups similar to this one? Please circle:

YES    NO

If you answered yes, please describe...

7. Why do you think you have been asked to come to this group - what are you here for?

8. What do you hope or expect it's going to be like?

9. Have you ever done any art or drama before - either on your own or with other people? If so, please give details...

10. Is there anything you can say you want to get out of the group? Please tell us one thing that you are hoping to get out of this group...

11. Is there anything you are hoping you *won't* be asked to do? If so, please give details...

12. What do you think are the sorts of things that would help keep you out of trouble in the future?

BLAGG COURSE  
Getting into trouble questionnaire for participants

The following questionnaire looks at what you personally think about young people who get into trouble with the law, and the effect of breaking the law on you personally.

**SD = Strongly Disagree**   **D = Disagree a bit**   **U = Unsure**   **A = Agree a bit**  
**SA = Strongly Agree**

1. I do not want to get into trouble with the law again	SD	D	U	A	SA
2. Breaking the law is pointless	SD	D	U	A	SA
3. Breaking the law is exciting	SD	D	U	A	SA
4. Getting into trouble has a bad effect for me sometimes	SD	D	U	A	SA
5. I should not break the law	SD	D	U	A	SA
6. Getting into trouble has a bad effect for people I am close to	SD	D	U	A	SA
7. Crime always has a bad effect for victims	SD	D	U	A	SA
8. If I am with someone who is causing trouble I am likely to join in	SD	D	U	A	SA
9. I often get into trouble without planning to or even thinking about it	SD	D	U	A	SA
10. I know what I need to do to stay out of trouble in the future	SD	D	U	A	SA

## BLAGG SESSION EVALUATION

1. Which of the following words describe your feelings about today? Circle as many as you like and add others if you want to

<b>Useful</b>	<b>Annoying</b>	<b>Waste of time</b>	<b>Made me think</b>	
<b>Interesting</b>	<b>Enjoyable</b>	<b>Stressful</b>	<b>Helpful</b>	
<b>Boring</b>	<b>Hard work</b>	<b>Worthwhile</b>	<b>Friendly</b>	
Frustrating	Unhelpful	Confusing	Too long	Too short

2. What was the best part of the session?

3. What was the worst part of the session?

4. What made you think?

5. How much did you take part in the session? Please circle one of the following:

A lot

A little

Not at all

If not at all, why was that?

6. Is there anything else you would like to add about today and how it has affected you?

**Thanks for filling in this form**

## BLAGG FINAL SESSION EVALUATION

1. Which of the following words describe your feelings about the whole course? Circle as many as you like and add others if you want to...

Useful	Annoying	Waste of time	Made me think	Interesting	
Enjoyable	Stressful	Helpful	Boring	Hard work	Worthwhile
Friendly	Frustrating	Unhelpful	Confusing	Too long	Too short

2. What was the best part of the course?

3. What was the worst part of the course?

4. How much did you take part in the course? Please circle one of the following:

A lot

A little

Not at all

If not at all, why was that?

5. Has the course helped you see more clearly how you get into trouble?

Yes

No

If so, please tell us how...

6. Has the course showed you ways of keeping out of trouble?

Yes

No

If so, please say how...

7. How confident do you feel of staying out of trouble over the next 6 months?  
*Please circle...*

*Very confident   Confident   Fairly confident   Only a bit confident   Not confident at all*

8. How much have you enjoyed the course? *Please circle...*

**Not at all**

**Not very much**

**A fair bit**

**Quite a lot**

**A great deal**

9. Can you suggest anything to make this a better course?

## **Appendix D**

### **Central Manchester Yot – six session programme**

Each session lasts one and a half hours

#### *Session 1*

Warm up games  
Ground rules  
What's the story? Introducing the rules of the game  
Who is Joe Blagg?

#### *Session 2*

Warm up games  
What has Joe done?  
What is Joe thinking and feeling?

#### *Session 3*

Warm up games  
Who is affected by the offence?  
Hotseat characters  
What is the best consequence?  
What is the worst consequence?  
What is Joe thinking and feeling now?

#### *Session 4*

Warm up games  
What led up to the offence?  
Push/shout Joe

#### *Session 5*

Warm up games  
The Escape

#### *Session 6*

Warm up games  
What would happen to Joe? What should happen to Joe?  
What would stop Joe offending?  
One piece of advice to Joe

## **Bury Yot – two day programme**

Each session lasts from 2-3 hours, breaks after approximately every 40 minutes of concentrated activity, and lunch provided in between sessions

### *Day 1 Session 1*

Warm up games

Ground rules

Who is Jo Blagg?

What has she done?

What is Jo thinking and feeling?

Who is affected?

### *Day 1 Session 2*

Warm up games

Hotseat characters

What are the best consequences?

What are the worst consequences?

What is Jo thinking and feeling now?

### *Day 2 Session 1*

Warm up games

What led up to the offence?

Push/shout Jo

Angel and devil – the red square – what thoughts help Jo stop herself from offending

### *Day 2 Session 2*

The Escape

Consequences for Jo if she does commit the crime

Consequences for Jo if she doesn't commit the crime

Certificates

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